

CRISIS AND HELP LINES

24 Hour Mental Health Crisis Line 1-888-893-8333 or 705-728-5044

Bro Talk 1-866-393-5933

Canadian Mental Health Association 1-800-461-4319 or

Collingwood #s 705-725-5491; 705-444-2558;

24-hour crisis line 705-726-5044

Children's Aid Society Collingwood 705-444-9160

Drug and Alcohol Help Line 800-565-8603

Kids Help Phone 1-800-668-6868

Kinark Crisis Line 1-800-742-1890

LGBTQ Youth Phone Line 1-800-268-9688 or Text 647-694-4275

Mobile Crisis Line 1-888-893-8333 or 905-310-COPE

My Friend's House Help Line 705-444-2511

Sexual Assault and Rape Crisis Line 800-987-0799

24 Hour Sexual Abuse Crisis Line: 705-737-2008

Simcoe County Mental Health Crisis Response Service 1-888-893-8333

Telecare 705-444-9160

211 Directory by Phone (dial 2-1-1)

ONLINE RESOURCES AND SUPPORT

211 Community Connection

<http://www.211ontario.ca>

Bro Talk: A Support Zone for Teen Guys

<http://www.brotalk.ca/#>

Jack.org

<https://www.jack.org/>

Kids Help Phone

<https://kidshelpphone.ca/>

Mind Your Mind website

<https://mindyourmind.ca/>

Right By You

<http://rightbyyou.ca/en/>

Simcoe County District School Board

<https://www.scdsb.on.ca/Programs/Safe-and-Healthy-Schools/Pages/Mental-Health.aspx>

Stop a Bully

<http://www.stopabully.ca/>

Teen Mental Health.org

www.teenmentalhealth.org

Ways Mental Health Support

<http://ways.on.ca/>

We the Parents

<http://www.wetheparents.ca>

MENTAL HEALTH RESOURCES

for Youth in South Georgian Bay Area

Online Resources and Support

Crisis and Help Lines

Community Services and Supports

Direct Care and Mental Health Services

YOU ARE
NOT
ALONE

Note: This is a preliminary version of the Youth Mental Health Map. If you belong to one of the resources listed, please ensure that the contact information is correct and notify us of any errors or additional details. If you are aware of a mental health resource for youth in Collingwood and the surrounding areas that is not listed on this map, please contact us and we will update the directory.

CONTACT

RURAL ONTARIO MEDICAL PROGRAM
(705) 445-7667 | romp@romponline.com

Your Family Physician/Primary Care Provider

South Georgian Bay Family Health Organization

705-444-5885

DIRECT CARE AND MENTAL HEALTH SERVICES

CAMERON HELPS: TEAM UNBREAKABLE

<http://cameronhelps.ca/>, <http://gbfht.ca/our-programs/mental-health/child-youth-counselling/>

Georgian Bay Family Health Team:
705-444-5885

Mental Health: Extension 200
186 Erie Street, Suite 100 and 100B,
Collingwood ON, L9Y 4T3

CANADIAN MENTAL HEALTH ASSOCIATION: MENTAL HEALTH AND ADDICTION SERVICES OF SIMCOE COUNTY

http://cmhastarttalking.ca/addiction_services

Collingwood: 705-444-2558

186 Erie Street, Suite 100 and 100B,
Collingwood ON, L9Y 4T3

CARING, SUPPORTING, PARTICIPATING: MENTAL HEALTH AND ADDICTIONS PEER SUPPORT

<http://www.mentalhealthandaddictions.com/>

705-444-1844

41 Elgin St., Unit 201, Collingwood ON,
L9Y 3L6

CATHOLIC FAMILY SERVICES OF SIMCOE COUNTY

<http://cfssc.ca/services/youth-counselling/>

Barrie Office for all Inquiries:
705-726-2503

199 Campbell Street, Collingwood ON,
L9Y 4J9

COLLINGWOOD COLLEGIATE INSTITUTE

<http://cci.scdsb.on.ca/resources-supports/resources-supports>

705-445-3161

6 Cameron Street, Collingwood ON,
L9Y 2J2

COLLINGWOOD GENERAL AND MARINE HOSPITAL COMMUNITY

MENTAL HEALTH SERVICES

<https://www.cgmh.on.ca/programs-services/community-mental-health>

705-444-6600

459 Hume Street, Collingwood ON,
L9Y 1W6

GEORGIAN BAY FAMILY HEALTH TEAM

<http://gbfht.ca/our-programs/mental-health/child-youth-counselling/>

Georgian Bay Family Health Team:
705-444-5885

Mental Health: Extension 200

186 Erie Street, Suite 100 and 100B,
Collingwood ON, L9Y 4T3

HOME HORIZON TRANSITIONAL SUPPORT PROGRAM

<http://www.homehorizon.ca/>

705-445-5478

53 Campbell Street, Collingwood ON,
L9Y 2L1

KINARK CHILD AND FAMILY SERVICES

<https://www.kinark.on.ca/>

Central Intake: 1-888-454-6275

Barrie Child and Youth Mental Health Office: 1-800-230-8534

*Caveat: In Barrie

34 Simcoe Street, Suite 301, Barrie ON,
L4N 6T4

MY FRIEND'S HOUSE: COLLINGWOOD & WASAGA BEACH SHELTER FOR WOMEN AND CHILDREN

<http://www.myfriendshouse.ca/>

Help and Information Hotline: 705-444-2511 or 1-800-265-2511

(Address is confidential)

NEW PATH FAMILY AND YOUTH SERVICES

<http://newpath.ca/>

Collingwood Department: 705-445-4181

Central Intake: 705-725-7656

275 First Street, Units 7, 8 & 9,
Collingwood ON, L9Y 1A8

SIMCOE COUNTY EATING DISORDERS SERVICE

<http://www.simcoemuskokahealth.org/Topics/HealthyEating/ResourcesandPrograms/FindaRegisteredDietitian/EatingDisorderServices.aspx>

705-728-9090 ext. 47230

Satellite office in CGMH: 459 Hume Street, Collingwood ON, L9Y 1W6

SOUTH GEORGIAN BAY COMMUNITY

HEALTH CENTRE

<http://southgeorgianbaychc.ca/index.php?action=display&cat=41>

705-422-1888

14 Ramblewood Drive, Unit 202,
Wasaga Beach ON, L9Z 0C4

YOUTH HAVEN

<http://youthhaven.ca/>

705-739-7616

1-877-989-9995

*Caveat: In Barrie

22 Wellington St E #20, Barrie ON, L4M 2B8

COMMUNITY SERVICES AND SUPPORT

ALATEEN

<http://al-anon.org/for-alateen>

1-888-425-2666

Collingwood Community Living
Headquarters, 100 Pretty River
Parkway N, Collingwood ON, L9Y 4X2

ATHENA'S SEXUAL ASSAULT COUNSELLING & ADVOCACY CENTRE

<http://www.huroniatransitionhomes.ca/services-and-programs/athenas/>

1-800-987-0799

BIG BROTHERS BIG SISTERS

<http://www.bigbrothersbigbrothersgeorgiantriangle.org/en/Home/programs/default.aspx>

705-445-2330

74 Hume Street, Collingwood ON, L9Y 1V4

CLEARVIEW YOUTH CENTRE

<https://www.facebook.com/ClearviewYouthCentre/>

705-428-5599

7456 Highway 26, Stayner ON, L0M 1S0

ELIZABETH FRY SOCIETY OF SIMCOE COUNTY

<http://elizabethfrysociety.com/>

705-725-0613

*Caveat: In Barrie

102 Mapleview Drive, Barrie ON, L4N 1S4

LGBTQ YOUTH AND FAMILY PROGRAMMING

<http://www.gilbertcentre.ca/youth-and-family-programs/>

705-722-6778

555-80 Bradford Street, Barrie ON, L4N 6S7

RAINBOWS GEORGIAN TRIANGLE

<http://www.rainbows.ca/about-rainbows-canada-charitable-organization.htm>

705-446-2178

15 Dey Drive, Collingwood ON, L9Y 4N9

RECREATIONAL RESPITE

Website: <http://recrespite.com/>

Phone Number: 1-877-855-7070

YOUTH FOR CHRIST AND THE DOOR YOUTH CENTRE COLLINGWOOD

<https://www.facebook.com/The.Door.Youth.Centre.Collingwood/>

705-445-5445

76 First Street, Collingwood ON, L9Y 1A3

WASAGA BEACH YOUTH CENTRE

<http://www.wasagabeach.com/youth-centre>

705-422-2494

1621 Mosley Street, Wasaga Beach ON,
L9Z 1S2

YMCA HEALTHY ACTIVE SCHOOLS

<http://ymcaofsimcoemuskoka.ca/collingwood-ymca-active-schools/>

705-445-5705

200 Hume Street, Collingwood ON,
L9Y 4E8

YMCA YOUTH OUTREACH PROGRAMS

<http://ymcaofsimcoemuskoka.ca/community-outreach/>

705-726-5572

200 Hume Street, Collingwood ON,
L9Y 4E8